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Editor

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Email: theredheadedgranny@yahoo.com

(PLEASE LEAVE TEXT OR PHONE MESSAGE IF UNAVAILABLE...or EMAIL, AT YOUR CONVENIENCE)

(Remember the DOMEI can be viewed online if you are away from home. It is online between the first and fourth of every month.)

www.monthly-media.com

Also, Park Management has added Wi-Fi to the Library and sections of the pool area. The password to access is JAPANESEGARDEN.

PRESIDENTS CORNER

Ted Atwood

be coming back to their southern home. Hope everyone had a great summer. It was colder than usual for us up in Michigan. We should be returning some time the first half of October. Can't wait to see everyone again. A few things have changed over the summer. Kerri Ellis, President of the Social Club, moved to another park in central Florida. We all wish her and Todd well. Obviously, I am now President again and a Vice-President will be appointed upon my return. At our first general meeting, the second Saturday in November, we will be voting on the new by-laws. A copy of the proposed by-laws will be posted on our website as well as copies will be available prior to our general meeting. Thanks to all the social club members who have kept all the activities going throughout the summer.

I am sure everyone is looking forward to the events scheduled throughout the winter. Not much more to say at this time. Hope everyone has a safe trip back down to be with our winter friends. Will see you soon.

By-laws Points of Interest/Abbreviations

ARTICLE III Sec 1

A quorum for the transaction of business at any general meeting of this Club shall consist of the President or Vice President, and 15% of the membership present at the meeting.











Multiply Your Monthly Mania!

s you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise.

Here is how is works:

- 1. Call our office and suggest a business to advertise in the newsletter
- 2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
- 3. The more businesses you suggest, the more chances you have to win. (To qualify each resident can only suggest a business once)

What businesses would you like to see advertising? We have spots available in the following categories:

- Accountant/Tax Prep
- Assisted Living Facility
- · Attorney/Lawyer
- Automotive Painting/ Detailing
- Automotive Repair/Sales
- Awnings
- Banks
- · Bathroom Remodel
- Bicycle Repair & Sales
- Bingo
- Chiropractor
- Computer Services
- Dentist.
- Driveway Coating
- Fitness Center/Gym
- Floor Coverings/Retail

- Foot Specialist Podiatrist
- Golf Cart Sales & Service
- Hair Salon/Day Spa
- Hearing Aid/Retail
- Home Care
- Home Furniture & Mattress
- House Cleaning
- Insurance Home/Auto/Health Restaurants
- Investment/Brokerage
- Jewelry Sales/Design/Repair
- Manufactured Home Sales
- Massage Therapy
- Medical Doctor
- Mobile Home Supplies -Retail
- Motorcycle/Moped Sales & Repair

- Moving Services
- Optometrist
- Painting Inside & Outside
- Pet Services
- Pharmacy
- Remodeling/Interior
- Resale Store
- · Screen Repair
- Storage
- Taxi/Shuttle
- Travel Agent
- Veterinarian
- Window Film/Tinting
- · Window Washing
- Window Treatment/Interior



Thanks For

The Referrals

Last Month!

Three

\$5 Winners

Just for

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Sec.2 "... general meeting of this Club... on the best available Saturday after the Board meeting of each month..."

ARTICLE V Sec. 1

New members joining the club in November or December will be given the following years membership for the current membership fee with November and December complimentary.

ARTICLE XIV

Sec. 1 "P:resident shall appoint chairpersons... of standing committees..."

Sec. 3 Chairpersons must be Social Club members and appointed by the President, for their respective committees.

ARTICLE XVI

Sec. 1 These by-laws may be amended by the Board of Directors, providing that such amendments and reasons therefore be explained at the geal meeting of the Club from November thru April only, and that a two-thirds vote of all members present for such proposed amendment be taken before said amendment becomes a by-law of the Club.

ADDENDUM

- "...The board cannot delegate its power/responsibilities to others..."
- "...The board cannot rescind or be in conflict with any action taken by the general membership."

SUPER BINGO IT'S BAAAAACK!!!

By Bet LeBrun

Most of you are familiar with the SUPER BINGO that was played once a month at the Japanese Garden Clubhouse a few years back. I'm really excited to tell you that I have decided to bring it back for the winter months starting November until March inclusive.

There will be 11 bingo games: •

5 regular games• 3 special games• 2 extra-special games 1 jackpot

9-up pads will be \$10 (regular, special; jackpot)

Extra 3-up sheets for extra-special games will be \$1 per sheet.

ust off your bingo daubers – SUPER BINGO is back!!

In order for the SUPER BINGO to be successful, we need at least 30 or more players – more

The SUPER BINGO schedule will be posted in the November DOMEI. Those of you who wish to bring goodies (cookies, squares, cake, etc.) for everyone's enjoyment during intermis-

players means a higher payout!

sion are encouraged to do so. The bingo is open to all residents and their overnight guests.

Due to strict by-laws, no outsiders are permitted to play any bingo in our Clubhouse. Looking forward to hearing you say

BINGO!!!

MANAGER'S CORNER

Steve Lyle

Park Management is installing solar lights around the MEMORY GARDEN in memory of Jay Ravener.



CLORY TOURS IS COMING TO CLEARWATER/LARGO!

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November 14th – Siesta Keys Sand Sculpting Championship

Master sculptors will transform the beautiful beach into an outdoor art gallery to create elaborate and amazing art on the beautiful Siesta Keys Beach. The sand sculptors come from all over the world. It's an experience you must see! There is food, arts/craft vendors, live music and much more. A portion of proceeds are donated to the Make-A-Wish Foundation. Includes: Admission Fee & Bus transportation. Boarding 9:50 a.m. Return. Approx 4:00 p.m. Sign up deadline Nov. 5th.

December 4 – ICE at Gaylord Palms – Kissimmee Our MOST POPULAR Holiday Event Tour! Experience the beauty of TWO MILLION pounds of hand-carved ice sculptures by talented artisans. Come enjoy this awe-inspiring experience and

enjoy this awe-inspiring experience and the breath taking ice sculptures, (warm clothing sugg. for the walk-thru), a 30 minute <u>Cirque</u> show, live carving zone, the majesty of a full breath-takingNativity in stunning, crystal clear ice, a variety of eateries to purchase dinner and much more. Boarding: 2:30 p.m. Return:

Approximately 9:00 p.m.
Sign up deadline Nov. 24th

February 28 -March 2

Key West/Miami (4 days/3 nights)

This is our **most popular overnight** trip. Includes: \$30 in free play, 3 nights lodging at the Miccoussukee CASINO Resort, 5 meals, a cruise on Biscayne Bay (Millionaire's Row/ Celebrity homes), a visit to the beautiful Hollywood Beach "Boardwalk" (named one of America's best beach boardwalks), a visit to Bayside Market, for eateries/shopping, a day trip to exciting Key West, where you can enjoy their big sunset celebration with street performers/vendors, trolley, great seafood, shopping & much more. Travel Insurance \$45 per person. **Boarding: 8:15** a.m. Return: Early/Mid Evening Sign up deadline Jan. 10th.

















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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

14,492 manufactured home residents have won over \$124,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid reciept to us at Monthly Media • PO Box 1023 • Venice, FL 34284. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:

(Allow 4-6 weeks for	r mailin	g of check). This month's cash
Harry Mathews	\$100	Largo Tech Services
Jo Waldron	\$10	Haseney Electrical Services
Elaine Schemm	\$10	Marti's Hair Salonn
Chuck O'Leary	\$10	Socia's Painting
Margaret Kramford	\$10	Jones & Sons Plumbing
Ann Tindall	\$10	
		Air Masters of Pinellas, Inc.
		Battleline Pest Control, Inc.
Beverly Hazel	\$10	
		Barron's AC & Appliance Service
Berne Gleason	\$10	ClovAir Inc. Heating & Cooling
Carol Marsella	\$10	Bob's Appliance Repair
Florence Rejeris	\$10	Action Appliance Sale & Service
Karen Kools	\$10	Bill the Carpet Guy
Janice Wiglund	\$5	Largo Plumbing Co.
Robert Orsini	\$5	Bob's Mobile Home Washing
Carl Chamberlaiin	\$5	Imperial Electric Service
Jim Pace	\$5	Doll Brothers Carpet Cleaners
Ben Cortez	\$5	Jones & Sons Plumbing
Hellen Razzano	\$5	Natures Resource Pest Control, Inc.
Janet Consigleo	\$5	Knoblach Hearing Care
		Ron Wyngarden MH Washing
Ronald Casella	\$5	Sunset Appliance Service
Jessie Walcott	\$5	Air Masters of Pinellas. Inc.

wiiiileis aie.		
Lorraine Fitzgerald	. \$5 .	Mobile Home Depot
		Boss Electric Corp
Robert Desroches	. \$5 .	Battleline Termite & Pet Control, Inc.
Michael Boey	. \$5 .	Jones & Sons Plumbing
		Ron Wyngarden Mobile Home Washing
Richard Montano	. \$5 .	Air Masters of Pinellas, Inc.
		Mobile Home Depot
		Chambers Specialties, Inc.
Sandra Timmons	. \$5 .	Modern AC & Appliance Service
		Boss Electric Corp
		Heller's Mobile Home Washing
Connie Buford	. \$5 .	Buggin Out Termite & Pest Control
		Kathy's Cleaning Service
Joe Palmer	. \$5 .	Battleline Pest Control, Inc.
		Imperial Electric Service
Jill Coppins	. \$5 .	Sunset Appliance Service
Arlene Willmer	. \$5 .	Appliance Specialty, Inc.
Jack Murrie	. \$5 .	Bob's Appliance Repair
Jeanne Hehl	. \$5 .	Doll Brothers Carpet Cleaners
		Bob's Mobile Home Washing
		Appliance Specialty, Inc.
Guy Shreck	. \$5 .	Advertiser Referral
		Advertiser Referral
R. A. Duke Wilson	. \$5 .	Advertiser Referral

[•] Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

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14

HARD-COVER BOOK LIBRARY

Elizabeth Wood

ur dear friend and former neighbor, hard-cover book librarian Gwen Burgess, has moved from Japanese Garden to start a new life in St. Petersburg! She has done a fine job for our Japanese Garden free library, acquiring bookshelves for the hard-cover donations, collecting, sorting and shelving books, and keeping the many generous donations organized! Kudos to Gwen!

Because your donations have been so numerous, yours truly, your new hard-cover book librarian, can now only accept fiction. That's what we residents at Japanese Garden sincerely love to read the most anyway, as a fun-filled, age-defying community! Please donate fiction only, English only, gently used, hard-cover books for our hard-cover library. For non-fiction hard-cover books, please continue with your generous donations to our great, annual Japanese Garden rummage sale, which will take place in January 2016! Please see Bruce

and Susan Jean for info on how to store your donations until January, and Marcel Rouse for further info on our great sale.

Our great friend and neighbor Pat Hofsteader is your soft-cover book librarian. Kudos to Pat for the fine job she has done with the soft-cover library over many years, with all her other many responsibilities and generous giving of her time and energy to Japanese Garden events. Please follow her instructions for your donations to the soft-cover library.

Your new hard-cover librarian would love your help: All hard-cover books that are not in good condition, please recycle in our single-stream recycle bin, a blue bin with a yellow lid, located on N. Teahouse Circle.

Please see our awesome manager, Steve Lyle, for more information on single-stream recycling. Thank you and happy reading!

HEATED SWIMMING POOL

Petitioners reflect the residents.

nne Nelson has agreed to heat the pool at Japanese Garden. It will be done in time for the fall.

There are no fees associated with installing the heater for the pool that will be passed on to the residents

Thanks, Pat Murphy Japanese Garden Office 727-531-4476

EVENTS AND ACTIVITIES BY THE SOCIAL CLUB COMING UP

- Oct 10th pizza and movie night
- Oct 31st Halloween Dance
- Nov11th VETERANS Day
- Nov 21st Luau
- Nov 26th THANKSGIVING sponsored by Park Management and Social Club
- Dec 25th SOCIAL CLUB BOARD SPONSORED BREAKFAST
- Dec 13th CHRISTMAS Parade and House Decoration Contest
- Dec 19th CHRISTMAS Dinner and Dance
- Dec 31st New Years Eve Dance

These are Social Club sponsored events. Not every event or activity held at the clubhouse or pool is a Social Club activity. However, all dates scheduled for ANY activity must first be approved by park management and placed on their monthly calendar, to avoid duplication or overlapping.

VOLUNTEERS are needed for all activities, especially Saturday Koffee Klatch. Our northern friends will be returning soon, as the numbers increase so will need



for volunteers to assist with committees for activities and events. Especially, the task of the upcoming Annual Rummage Sale in January. We will need as many hands as possible.



Now that our Social Club President is returning and resuming his responsibilities, please feel free to contact him regarding these needs and your availability: President Ted Atwood 616-862-0889

HOLIDAYS ARE COMING

Noreen

any people have much to celebrate and enjoy. Many don't. We may say to ourselves, surely there are "agencies" and churches available to help "those people". But, where do they get their supplies to help "those people", from people like us.

Especially, our one and only Florence Miller.

She has tirelessly collected for RCS. Not just food when she has her collections. Also, clothing, furniture, knick knacks, anything to raise money to supplement helping "those people" not just during the holidays. Florence exemplifies caring for others, every day of the year.



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JAPANESE GARDEN DOMEI OCTOBER, 2015 C



SPEAKING OF AGENCIES

heck out the Clubhouse Bulletin Board. We have a list of agencies that will pay a portion or full amount of utilities or rent. The phone number is listed, such as Pinellas Opportunity Council. Did you know the Salvation Army will pay up to \$100. towards your electric bill?

MEMBERSHIP AND DUES

Contact Ed Lee, 531-3776 ... 2638 Sumo

THE RED KIMONO'S

Dorothy Ravener, QM

The first Red Kimono's luncheon will be held on October 19 at 12:30pm, at the Sunset Grill, 2328 Sunset Point Road, Clearwater.

Florence Miller and Dorothy Ravener, Hostesses.

Please sign up on the sheet provided at the Clubhouse Bulletin Board.

Gentlemen are not to be forgotten, please contact Joe Walker, for the monthly R.O.M.E.O. luncheons.

RETURNING?? OR ANNUAL RESIDENT..

Noreen

Just a couple of reminders/updates for YOUR calendar.

We will soon be updating the Dial Directories Phone Book. This is NOT an easy task. Many of us could not take on this overwhelming task. That being said, unless the correct up to date information is supplied to those who have VOLUNTEERED for this monumental job, there will be unintentional errors. We need your assistance with any corrections, adjustments, changes. Many residents have moved out, moved in, some of our friends have passed on, so for one reason or another there will be massive changes, and this Directory is the heartbeat of our park. How could we locate our friends, neighbors, new and old without it? As the old saying goes "...reach out and touch someone."

Next on your calendar, please pencil in Japanese Gardens Photo Annual Directory. Pick out your favorite outfit, one for you and one for the spouse. OMG, LOL, and all those others ...they will photo you with your friend or..... even..PET!! Yes, I said PET.

It's not until January or later, so details will be following, just a heads up.



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ANOTHER HEADS UP

When we pack up and leave for the season, we batten down the hatches so to speak, stop the mail and the cable, the list is endless.

There is one last thing to add to next years list. Great, I know, one more thing, just what I need.

Empty the empty flower pots. Turn them over so that when the annual rains, tropical storms and hurricanes, come to Japanese Gardens, the mosquitoes and diseases won't.

Just one more thing for the calendar and the list.

WE CARE

Annette Wilson

Tim Gray has passed away.





A Mensa Question

Joe Walker

Tou are on a horse, galloping at a constant speed.

On your right side is a sharp drop off.

On your left side is an elephant traveling at the same speed as you.

Directly in front of you is another galloping horse but your horse is unable to overtake it. Behind you is a lion running at the same speed as you and the horse in front of you.

What must you do to safely get out of this highly dangerous situation?

See answer below

?

Get your drunken A-- off the merry-go-round.

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Recreational Golf Cars of Florida	. 727-548-8460
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O. E. Wilson - Auto	. 727-535-0524
INSURANCE: HEALTH	040 400 00=0
Frank Martinez MANUFACTURED HOME SALES	. 813-403-0053
Citrus Homes/Meadowood Homes	. 121-535-5262

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Denny's Plumbing, Inc	727-530-1391
Jones & Sons Plumbing, Inc.	727-799-0287
Largo Plumbing Co	727-596-0525
Community Roofing of FL, Inc	1-800-511-2517
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Japanese Gardens

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6	7	8	8:30am Golf Tee Off/call Ziggy 559-1304	9am Koffee Klatch/ Doors open 8:30am Movie Night; please sign up on sheet on bulletin board at club- house. Food and drink provided
13	14	15	8:30am Golf Tee Off/call Ziggy 559-1304	9am Koffee Klatch/ Doors open 8:30am
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27	28	29	30 8:30am Golf Tee Off/call Ziggy 559-1304	9am Koffee Klatch/ Doors open 8:30am Halloween







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DOME

Noreen

nother successful distribution month, all went smoothly, without a hitch. My eternal gratitude to all the block captains who have been so willing to adjust to the new way of doing things. They actually stop by my home to pick up the pre-counted and organized Domei to distribute.

With all the changes in residency, any returning Alternate Block Captains, please notify me so we can update our records.

When the Domei appears at your home, please thank, Elke Sjoberg, Annette Wilson, Beverly Jacques, Roy Ward, Dave Collins, Gail Medeiros, Margo Hill, Judy Bossie, Sophia Gargano

Take one step to lose weight

ant to lose weight? Step onto a scale every day. That may seem like obvious advice, but it's supported by the results of a study reported on the Live Science website.

In the study, researchers challenged 162 people to reduce their weight by 10 percent over the course of the year. They weren't given any specific advice, but about half the participants were given scales and told to check and record their weight every morning.

Although few of the participants in either group achieved their goal of losing 10 percent of their body weight, 29 percent of those given scales succeeded in losing at least 5 percent, but only 11 percent in the scale-free group lost as much. In addition, participants given scales managed to maintain their weight loss for a second year.

The researchers have theorized that checking weight once a day may help people pay more attention to what they eat (and how much), and reinforce positive weight-loss behaviors like skipping dessert.

Without mathematics, there's nothing you can do. Everything around you is mathematics. Everything around you is numbers.

-Shakuntala Devi

Love, honor, and make your payment

ne important factor that can unbalance a marriage or romantic relationship is debt. A survey conducted by Harris Poll for NerdWallet determined that 35 percent of adults have brought at least some credit card debt into their romantic relationships—more than student loans, car payments, medical loans, and mortgage debt.

More men than women bring it, with 42 percent of adult men coming into relationships with credit card debt, as opposed to 29 percent of women. Whoever's behind it, though, such debt can have costs beyond interest payments: 25 percent of couples with at least one partner dealing with credit card debt reported that it had a negative impact on their relationship.



Be alert to the signs of Alzheimer's disease

ore than 5 million people live with Alzheimer's disease in the U.S. It's an affliction that can't be diagnosed with a blood test or a brain scan, so doctors and patients depend on behavioral clues to determine whether someone is suffering from it. An early diagnosis can help with treatment and care, so pay attention to these warning signs from the Alzheimer's Association:

- Changes in memory that disrupt daily activities
- Difficulty solving problems or making plans
- Problems performing familiar tasks at work or at home
- Confusion over places and times
- Problems processing visual images and spatial relationships
- Growing difficulties with writing and speaking
- Losing items/getting lost outside



If you or a loved one begins exhibiting a number of these symptoms, consult with your doctor. Although Alzheimer's has no cure, many treatments can delay its onset and provide a meaningful quality of life for years.











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EVENTS & PROGRAMS

CRAFT SHOW, Saturday, October 10, 9am – 3pm, St. Paul United Methodist Church, 1199 Highland Avenue, Largo, FL 33770. 85 Vendors/85 Prizes. Indoor & Outdoor Show. Food, Children's Activity Center & Pumpkin Patch. \$1.00 Admission.

Caribbean Isles Craft/Granny Attic November 25, 8am - 1pm, Breakfast/Lunch available. 12100 Seminole Blvd., Largo

Annual Craft Fair Saturday Nov 7, 2015 @ Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Open 9amlpm. A big variety of crafts. Bake sale and canteen open for food.

CRAFT FAIR! Nov. 14th 9:00am to 1:00pm Southwind MHP invites you to come and view our handmade craft-sand delicious baked foods. Food will be available in club house. Our fall and winter creations are great gifts! 795 CR#1, Palm Harbor - Between Curlew and Tampa Rd.

Eternal Visipn Gospel Group at Crossroads Christian Church, October 29th 727-584-8601 RSVP by October 25th CRAFT FAIR! Saturday November, 7th, 8 AM - 2 PM, Sugar Creek Mobile Home Park Clubhouse - 10265 Ulmerton Rd., Largo (Behind Pier One Store) Lunch and Bake Sale. Table \$10.00 727-584-4204

Crafters Faire, October 24, 2015, Island in the Sun Park 100 Hampton Rd, Clearwater, Florida 33759, 9-5 in the clubhouse. Start your Christmas shopping now. Great items to choose from, Ceramics, Hand knitted items, Christmas Santas, door decorations, character themed Hoodies for children and more. ALL hand crafted items!

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Crafters Wanted: Paradise Island Annual Craft Fair Sat. Nov 7, 2015 Tables \$10 & \$15 Call Marcia 727-953-3616

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October Is...

dopt A Dog Month. Millions of animals are waiting for someone to give them a safe, loving home. Be a hero and consider adopting a rescue animal or a dog from your local shelter. You'll be saving a life and adding joy to yours.

Eye Injury Prevention Month. Protecting your eyes from injury is one of the most basic things you can do to keep your vision healthy throughout your life. The American Academy of Ophthalmology reminds everyone to wear protective eyewear when performing home repairs or maintenance, and while playing sports.

National Bullying Prevention Month. A campaign to unite communities nationwide in educating and raising awareness of bullying prevention. National Bullying Prevention Month is recognized across the United States, with organizations like Facebook, Disney, CNN, Yahoo Kids, and other partners supporting the effort through media outreach and dissemination.

National Cyber Security Awareness Month. National Cyber Security Awareness Month is designed to engage and educate public and private sector partners with events and initiatives aimed at raising awareness about cyber security and increasing the resiliency of the nation in the event of a cyber incident.

Week to Week

mergency Nurses Week, Oct. 11-17. Sponsored by the Emergency Nurses Association, which represents the approximately 180,000 emergency nurses in the U.S. who save lives and render aid on a 24/7 basis.

Earth Science Week, Oct. 11-17. An international event to help the public gain a better understanding and appreciation for the Earth sciences and to encourage stewardship of the Earth.

Nuclear Science Week, Oct. 19-23. A national celebration to focus local, regional, and national attention on all aspects of nuclear science. The 2015 theme:

"Get to Know Nuclear."

Respiratory Care Week, Oct. 25-31. An annual event that recognizes the respiratory care profession and promotes awareness of lung health issues and practices.

Follow correct procedures whenever you lift a load

ifting heavy items incorrectly can injure your back and other parts of your body. Whenever you have a heavy object to move, follow these basic rules for staying safe:

- Bend at the knees.
- Keep your head up.
- Keep your back straight.
- Lift with your legs, not your arms or back.
- Keep the object close to your body.
- Don't twist your back as you walk.
- Maintain stable footing.
- Ask for help if the load is too heavy for you to move on your own.



etting along with your manager is important to success in any workplace, but so is a good relationship with your co-workers. You need everyone's support to get ahead. Forge strong connections by looking at these factors:

- Expectations. Clarify what you expect from your colleagues in the way of information, assistance, and results. Get to know each other's goals so you can provide the right kind of support.
- Mutual trust. Can you count on each other to follow through on commitments—or at least warn that problems are approaching? This is possible only if you both take responsibility for cooperation and communication.
- Sociability. Can you do more than merely tolerate each other? Go beyond common courtesy and show a genuine interest in other people's lives outside the job. Relationships grow through getting to know each other on a personal basis instead of just talking about work.
- Communication. This is the acid test of any working relationship: Can you tell each other what's on your mind? This isn't simply a matter of airing complaints. Delivering praise or thanks to a co-worker may feel awkward, but it's the heart of a good relationship. Be honest with the people around you, and listen to their words in the same spirit.



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Thought-controlled robots offer freedom and mobility

I umans can now control robots remotely with their thoughts, thanks to a team of scientists who have developed technology to help people with disabilities regain some independence in their lives.

The robots are equipped with wheels and a video camera. The scientists tested them with a group of 19 subjects, nine with disabilities and 10 without. Each subject wore a helmet studded with electrodes that analyzed with brain signals for several weeks. Then they were told to direct the movements of a robot in Switzerland via the Internet. After less than 10 days of training, all of the nine participants with disabilities were able to control the robot easily, as did those with no disability.

In addition, the robot is able to avoid obstacles on its own without direction from its human controller, allowing people to take a break when they become tired. Such robots could become part of the daily life of people with mobility issues, giving them the opportunity to interact with others outside their homes.

Solar panel promises hope for clean fuel

new type of solar panel could allow us to split water into hydrogen and oxygen atoms and create a clean hydrogen fuel, according to the NBC News website.

The panel, developed by scientists in Switzerland, looks like the common solar panels found on rooftops. Sunlight passes through a layer of water, and the non-toxic chemical tungsten diselenide orks as a catalyst to break the water into its separate hydrogen and oxygen atoms. The scientists hope to commercialize the process to create a cheap source of hydrogen fuel, but a practical version won't be available for at least 10 years.

We can judge our progress by the courage of our questions and the depth of our answers, our willingness to embrace what is true rather than what feels good.

—Carl Sagan



Spiders On The Move: Land, Air, And Water

If you're afraid of spiders, this may not be good news: Scientists have discovered that some spiders can actually walk or sail across water, allowing them to travel great distances and colonize new areas of the world.

Spiders have long been known to travel by "ballooning"—climbing to the top of a plant or tree and shooting out a strand of web that catches the breeze, pulling them through the air. But what happens when they land on water? Some species of spiders have water-resistant legs that prevent them from sinking beneath the surface. With specialized "dance" routines, the spiders are able to make their way across the water. In addition, they're able to lift their legs to catch the wind, sliding on the surface as if sailing. Some spiders are also able to lift their abdomens like sails and take advantage of air currents to transport themselves.

All this helps spiders move about, allowing them to take their place as predators keeping insect populations in check. How far they can actually travel is still unclear, as is the question of whether salt water affects their mobility. Scientists are continuing to study the spiders to find out if they can literally sail across the ocean.

Black Holes: The Truth Is Out There (Just Hidden)

he universe is full of supermassive black holes, according to findings from NASA's Nuclear Spectroscopic Telescope Array (NuSTAR). But they're not always easy to locate because they're typically found at the center of galaxies, and hidden by clouds of dust and gas.



Astronomers found several of them recently them by analyzing high-energy X-rays at nine locations throughout the universe. The NuSTAR confirmed the existence of five black holes and determined that they're much more active than previously was known, consuming huge amounts of interstellar material and emitting large doses of radiation.

The NuSTAR's readings confirm theories of the presence of black holes throughout the cosmos and help to explain why many of them are obscured from view.

We can judge our progress by the courage of our questions and the depth of our answers, our willingness to embrace what is true rather than what feels good.

—Carl Sagan





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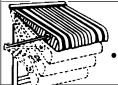
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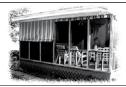
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